



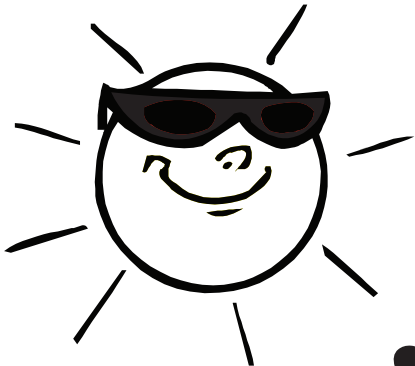
THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT
"WE ENRICH LIVES THROUGH QUALITY PARKS AND PROGRAMS"



Robert Egger South Bay Recreation Center

1885 Coronado Avenue • San Diego, CA. 92154
Phone (619) 424-0470 • www.sandiego.gov

2006/2007



Summer / Fall



Program

Effective through March 31, 2007

PROGRAMS AND FEES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE.

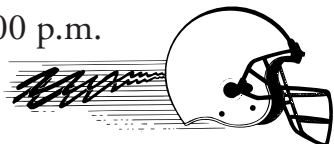
CHARGER FOOTBALL CAMP

Charger representatives will be onsite to help explain football skills. Youth ages 8 through 14 can participate in blocking, catching and obstacle drills.

Day: Monday, October 16, 2006

Time: 3:00 p.m. - 6:00 p.m.

Fees: Free



HALLOWEEN CARNIVAL

Games, prizes and lots of candy!

Tickets 25¢ each or 5 for \$1.00

There will be a costume contest with prizes for best costume.

Contest Age Groups: 3 & younger, 4 - 6, 7 - 9, 10 - 12 and 13 - adult

Day: October 30, 2006

Time: 5:00 p.m. - 8:00 p.m.



CELEBRATE WINTER WONDERLAND SNOW DAY



For more information regarding this fun winter event, please contact staff at the Montgomery Waller Recreation Center at (619)424-0466.

Day: Saturday, December 16, 2006

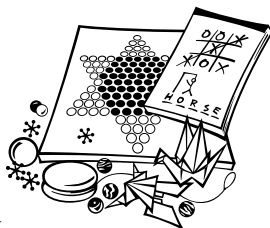
GAME ROOM

Come enjoy our game room. Bring your I.D. to check out equipment and challenge your friends.

Days: Monday - Saturday

Time: During center hours of operation.

Fees: Free



PRE- SCHOOL TOTS

The instructor designs this class with materials, activities and experience that will encourage the children to develop their social, physical and mental abilities. **THE CHILD MUST BE POTTY TRAINED.**

Days: Tuesday, Thursday, Friday

Time: 11:00 a.m. - 1:45 p.m.

Ages: 3 - 5 years old

Fees: \$50.00/month



YOUTH SELF DEFENSE

This program is designed to promote a higher level of self-confidence, improve self-esteem, discipline, concentration and physical fitness, many times improving their social interaction and academic performance! Students are placed in classes according to age and ability. **ONLY** self-defense is promoted! A complete goal oriented program, no just an instructor! Perfect attendance, awards (metals, trophies, plaques), you cannot buy them - you must earn them! Advancement in rank offered for beginner to Black Belt level. Competition tournaments - to promote a better competitive attitude!

On going registration.

Fees: \$6.00

Day: Saturday



New Students

Ages:

5 - 7 years old

8 years old and up

Time:

1:00 p.m. - 1:40 p.m.

1:45 p.m. - 2:25 p.m.

Returning Students

Ages:

5 - 7 years old

8 years old and up

Time:

2:30 p.m. - 3:10 p.m.

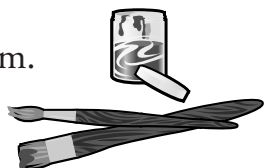
3:15 p.m. - 3:55 p.m.



YOUTH ARTS & CRAFTS

This is a fun and creative class for both younger and older children. A different project will be done each week. Registration is take at every class meeting.

Day: Friday
Time: 4:00 p.m. - 5:30 p.m.
Age: 5 - 16 years old
Fee: Free



FLAG FOOTBALL LEAGUE

Boys and Girls, contact the center for further information regarding this exciting program.

Registration: August 14 - 18, 2006

Time: 1:00 p.m. - 5:30 p.m.

Ages: 8 - 14 years old

Fee: \$15.00 for awards and banquet



SOUTH BAY

CHEERLEADING CLUB

This squad teaches kids basic steps and routines. The City-wide Competition is in December. Hurry and register.

Registration: September 1 - 8, 2006

Day: Thursday

Time: 4:00 p.m. - 5:30 p.m.

Ages: 8 - 10 years old

Fee: \$35.00 for uniform



YOUTH

BASKETBALL LEAGUE

This program is designed for beginners. Children will be taught basic basketball skills (shooting, dribbling and ball handling). Registration is on first come, first serve basis.

Ages: 8 - 14 years old

Registration: December 1 - 15, 2006

Time: 1:00 p.m. - 5:30 p.m.

Fee: \$15.00 for awards and banquet..



YOUTH CERAMICS

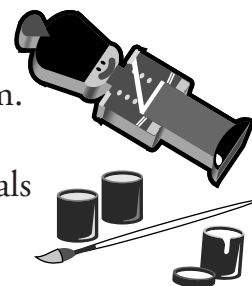
This class teaches the basic ceramic techniques: pouring, cleaning and painting. Registration is taken at every class meeting.

Day: Friday

Time: 4:00 p.m. - 5:30 p.m.

Ages: 8 - 18 years old

Fees: 50¢/class for materials



OPEN PLAY

BASKETBALL

Enjoy our open gym to practice your basketball skills or even a pick-up game.

Check for open play hours on page 4 of this program.



ADULT CERAMICS

This class teaches basic ceramic techniques to beginners while letting the experienced members work on their own.

Day: Tuesday

Time: 5:00 p.m. - 8:00 p.m.

Fees: \$15.00/month



OPEN PLAY

VOLLEYBALL

Come sharpen your volleyball skills with a pick-up game of volleyball.

Day: Tuesday

Time: 6:00 p.m. - 7:45 p.m.



SENIOR

OPEN PLAY

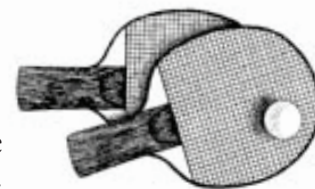
PING PONG

Come meet and socialize with other seniors in our community and enjoy a game of ping pong.

Days: Monday and Wednesday

Time: 12:00 p.m. - 2:00 p.m.

Fees: Free



GENERAL INFORMATION/INFORMACIÓN GENERAL

FACILITY INFORMATION

If you wish to utilize the center as regular meeting place for your group or have an event to plan, we are available to plan and carry out a variety of activities. We have a full-sized gymnasium, three meeting rooms, a fully equipped kitchen, three picnic shelters, two ball fields, sports equipment, and just about anything else to make your visit to the Robert Egger Sr. - South Bay Park and Recreation Center an enjoyable one.

RECREATION COUNCIL

In order to better serve the community, an advisory group has been formed. This group of concerned citizens volunteers their time to advise City staff on center programs and policy. The Robert Egger Sr. - South Bay Recreation Council meets on the third Wednesday of each month at 6:30 p.m. Groups or clubs using the center are encouraged to send a representative to the meetings. Meetings are open to the public and we welcome your participation. If you are interested in your community's park and recreation center, please attend the meetings.

PARK RULES

1. Dogs must be on leash at all times.
2. No glass bottles or containers in the park.
3. Park in marked stalls.
4. All park users must obtain a Park Use Permit five (5) days in advance for any equipment on the park (jumpers, generators, and canopies, etc.)
5. Insurance requirements must be met with approval by the Center Director.
6. Picnic shelter reservations require a permit which can be obtained at the Center office.
7. No vehicles are allowed on the turf.
8. Please keep our park clean.
9. Please Reduce, Reuse, and Recycle.
10. Please take pride in your park by disposing of all litter in the proper receptacles.



VOLUNTEERS NEEDED!

Ongoing opportunities are available at recreation centers, pools and regional parks throughout the City, as well as with senior and therapeutic recreation programs. If you would like to volunteer, please see staff for more information, or visit www.sandiego.gov/park-and-recreation/general-info/volunteer.shtml or contact the Volunteer Office at (619) 685-1324.

REGISTRATION

Registration for all classes is on the first meeting of the month, unless otherwise stated in the program. Please sign-up early because registration is on a first come first serve basis and no late registration will be accepted. Fees must be paid in full at the time of registration. There is a \$25.00 charge for all returned checks.

RECYCLING PROGRAM

In the parking lot are two recycling bins for aluminum, glass, plastic, steel, mixed paper and cardboard. Your recyclables will raise money for the recreation center.

AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, GENDER, RELIGIOUS CREED, MARITAL STATUS, SEXUAL ORIENTATION, ANCESTRY, NATIONAL ORIGIN, AGE, MENTAL OR PHYSICAL DISABILITY, MEDICAL CONDITION (INCLUDING HIV, AIDS & AIDS-RELATED COMPLEX). IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT DISTRICT MANAGER (619) 685-1397) OR THE OFFICE OF EQUAL OPPORTUNITY, U. S. DEPARTMENT OF THE INTERIOR, WASHINGTON, D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST.

PRINTED ON RECYCLED PAPER.

STAFF

Raul Contreras	Area Manager
Helen Ferrell	Center Director III
Marla Sterling	Ground Maintenance Worker II
Recreation Leader I	
Kevin C. Kinnamon	Richard Rubel
Belinda Mez	Clemente J. Saldanaa
Juan Reyes	Carment Trentadue
Miguel Estrada	Recreation Aide

HOURS OF OPERATION*

Monday - Wednesday	1:00 p.m. - 8:00 p.m.
Thursday	1:00 p.m. - 9:00 p.m.
Friday	1:00 p.m. - 6:00 p.m.
Saturday	10:00 a.m. - 4:00 p.m.

OPEN PLAY BASKETBALL*

Monday & Wednesday	1:00 p.m. - 7:45 p.m.
Tuesday & Friday	1:00 p.m. - 5:45 p.m.
Thursday	12:00 p.m. - 8:45 p.m.
	1:00 p.m. - 5:45 p.m.
Saturday	10:00 a.m. - 12:30 p.m.
Sunday	CLOSED

* Times are subject to change without notice.

Monday, September 4, 2006	CLOSED
Friday, November 10, 2006	CLOSED
Thursday, November 23, 2006	CLOSED

OTHER FACILITIES IN THE AREA

CESAR CHAVEZ COMMUNITY CENTER

455 Sycamore Road, San Ysidro (619) 424-0464

SILVERWING RECREATION CENTER

3737 Arey Drive, San Diego (619) 424-0465

MONTGOMERY WALLER RECREATION CENTER

3020 Coronado Avenue, San Diego (619) 424-0466

EQUIPMENT CHECK OUT

Sports equipment and board games may be checked out with a recreation card (green card) or a valid picture ID. Recreation cards may be purchased at the office for a quarter accompanied with a signed parental consent card.

DONATIONS

By donating to our park system, you can help the Park and Recreation Department to enrich the lives of others through quality parks and programs. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities and income levels through recreation, natural open space parks, neighborhood parks, and aquatics programs. For more information on how you can become a donor to your favorite park, pool or recreation program, please call Stacey Lo Medico, Deputy Director CPII Division, (619) 685-1306.